

## 2018-2019 GW Triathlon Junior Assistant Coach Internship Program

### Junior Assistant Coach-In-Training Internship: Running

The GW Triathlon Team is now accepting applications for the 2018-2019 Junior Assistant Coach Internship program. We believe that internships are an important part of a student athlete's career development, and encourage you to pass this along to any interested parties you may know of.

While the intern position is not paid, interns will:

- Have the option to use their work for research papers, classes or independent study credits;
- Learn leadership and management skills;
- Earn letters of recommendation;
- Have a flexible schedule to fit their academic and athletic schedules.

Our team is looking for bright, energetic and personable individuals with a passion for learning, swimming, running, cycling, nutrition and building team spirit. Those with a background in cycling, or students currently studying sports management, are particularly encouraged to apply.

Some of the activities the successful candidate will participate in will include:

- Working directly with the GW Triathlon Coach to create team workouts that integrate into the Team's 2018-19 and 2019-20 season race goals;
- Co-Leading one workout per week;
- Approximately 2.5 hours commitment per week (including workouts!);
- Opportunity to work in broader team management and leadership with the [DC Regional Collegiate Triathlon Federation](#).

Additional activities the successful candidate may have the opportunity to participate in may include:

- Fund raising and grant writing proposals;
- Research and create white papers/briefs about collegiate Swimming Cycling Running issues in triathlon;
- Attend and support coaches meetings with our members, USAT officials, and DC Collegiate Teams;
- Assist with administrative and organizational tasks;
- Network with other D.C. triathlon professionals.

If you know of anyone who may be interested in applying, please have them email a short cover letter and resume to [admin@ireinspire.com](mailto:admin@ireinspire.com) and copy the GW Triathlon Coach (Dr. Mourning-Star, [mourningstar@gwu.edu](mailto:mourningstar@gwu.edu)) with the subject heading "Junior Assistant Coach-In-Training Internship: Running."

**Applications are due by noon Monday, October 29<sup>th</sup> and applicants may apply for more than one position, but must submit separate applications for each (candidates will only be selected for one position).**

Should you have any questions, please do not hesitate to contact me directly.

Sincerely,

Phoenix Mourning-Star, PhD

[mourningstar@gwu.edu](mailto:mourningstar@gwu.edu)